

Shallow End - 1.2 meters deep at all times

	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
Monday	Lengths																
	General							Aqua Fit	General				Swimming Lesson	General			
Tuesday	Lengths																
	General	Swimming Lesson	Aqua Fit	General		Swim Fit	Aqua Fit	General					Swim Fit	General			
Wednesday	Lengths																
	General				Training			Aqua Fit	General	Swimming Lesson	General						
	Swim Club																
Thursday	Lengths																
	General		Aqua Fit	General			Aqua Fit	General									
Friday	Lengths																
	General							Aqua Fit	General	Swimming Lesson	General						
Saturday	Closed	Lengths													Closed		
		Swim Club	General				Swimming Lesson			General							
Sunday	Closed	Lengths													Closed		
									Family Swim								
		Swim Club	General		Swimming Lesson			Aqua Fit	General	Family Swim		General					