

Shallow End - 1.2 metres deep at all times

	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
Monday		Lengths															
		General						Aqua Fit	General		Aqua Fit	General					
Tuesday	Lengths																
	General	Swimming Lesson	Aqua Fit	Swimming Lesson			Swim Fit	Aqua Fit	General					Swim Fit	General		
Wednesday	Lengths																
	Swim Club	General		Swimming Lesson			General	Aqua Fit	General			Swimming Lesson	General	Swimming Lesson	General		
Thursday	Lengths																
	General		Aqua Fit	Swimming Lesson			General	Swim Fit	General								
Friday	Lengths																
	General			Swimming Lesson			Training	Aqua Fit	General								
Saturday	Closed	Lengths													Closed		
General						Swimming Lesson		General									
Sunday	Closed	Lengths										Lengths					
		General					Swimming Lesson	Aqua Fit	General	Family Swim	General						