

Deep End - 2 metres deep at all times

	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00				
Monday	Lengths																				
	General			Swimming Lesson				Aqua Fit		General											
Tuesday	Lengths																				
	General		Swimming Lesson	Aqua Fit	Swimming Lesson				Swim Fit		General					Swim Fit			General		
Wednesday	Lengths																				
	Swim Club			General			Swimming Lesson				Aqua Fit		Training	General			Swimming Lesson		General		
Thursday	Lengths																				
	General			Aqua Fit		Swimming Lesson				Swim Fit		General									
Friday	Lengths																				
	General			Swimming Lesson				Aqua Fit		Training		General									
Saturday	Closed	Lengths														Closed					
		General																			
Sunday		Lengths																			
	General					Swimming Lesson		General													